

Course Specification

(Bachelor)

Course Title **Physical assessment**

Course Code **MID26232**

Program: **Bachelor of Midwifery Sciences**

Department: **Nursing**

College: **College of Applied Medical Science**

Institution: **University of Bisha**

Version: **1**

Last Revision Date: **30 July 2023**





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A. General information about the course:

1. Course Identification

1. Credit hours: 4(2+2)

2. Course type

A. ☐ University ☐ College ☒ Department ☐ Track ☐ Others
B. ☒ Required ☐ Elective

3. Level/year at which this course is offered: (4th level / 2nd year)

4. Course general Description:

The course covers all aspects of nursing physical assessment of various body systems during health and illness.

5. Pre-requirements for this course (if any):

NA

6. Pre-requirements for this course (if any):

NA

7. Course Main Objective(s):

- Explain knowledge and skills to assess individual health status during health and illness.
- Use effective communication skills to collect data about health history and appropriate psychomotor skills to conduct comprehensive physical examination.

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	25	27.8%
2	E-learning	5	5.5%
3	Hybrid • Traditional classroom • E-learning		
4	Practical	60	66.7%
5	Total	90	100%



3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Study	25
2.	E learning	5
3.	Practical	60
4.	Projects/Research Essays/Theses	
5.	Others (specify) Self study	60
Total		150

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Assess different body systems and its function.	K1	Lectures, discussion.	Written exam
1.2	Identify Legal & ethical considerations for patient interview & physical Examination.	K3	Lectures, discussion.	Written exam
1.3	List the principle of complete health assessment and health history.	K3	Lectures, Discussion.	Written exam
2.0	Skills			
2.1	Perform principles of physical assessment.	S1	Lectures and Discussion.	seminars Practical exam
2.2	Apply basic concept, principles, and techniques to carry out assessment.	S2	Lectures and discussion.	seminars Practical exam
2.3	Implement the abilities to communicate effectively both verbally and inwriting.	S3	Lectures and discussion.	seminars Practical exam
3.0	Values, autonomy and responsibility			
3.1	Illustrate various assessment techniques.	V1	Using videos,	Written exam



Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
			models, simulation	Assignment & seminars
3.2	Utilize the nursing role during physical examination.	V3	Using videos, models, simulation	Written exam Assignment & seminars

C. Course Content Theory

No	List of Topics	Contact Hours
1.	Introduction to Health Assessment	3
2.	Interviewing and Communication Techniques The Health History Techniques and Equipment General Survey Pain Assessment Nutritional Assessment	3
3.	Assessment of Eye ,Ears, Nose, Mouth, and Throat	2
4.	Assessment of respiratory system	3
5.	Assessment of Breasts ,Axillae and Abdomen	2
6.	Assessment of cardiovascular system	3
7.	Assessment of Peripheral Vascular	2
8.	Assessment of Urinary System	2
9.	Assessment of Male and Female Reproductive System	2
10.	Assessment of musculoskeletal system	2
11.	Assessment of Neurologic System	2
Total		30

D. Course Content - Practical

No	List of Topics	Contact Hours
1.	Interviewing and Communication Techniques, Health History, Equipment and General Survey	8
2.	Assessment of Eye, Ears, Nose, Mouth, and Throat	8
3.	Assessment of respiratory system	4





4.	Assessment of Breasts, Axillae and Abdomen	8
5.	Assessment of cardiovascular system	4
6.	Assessment of Peripheral Vascular	4
7.	Assessment of Urinary System	4
8.	Assessment of Male and Female Reproductive System	8
9.	Assessment of musculoskeletal system	4
10.	Assessment of Neurologic System	4
10.	Interviewing and Communication Techniques, Health History, Equipment and General Survey	8
Total		60

E. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous assessment	All through	30%
2.	Mid exam: Practical and theory	6 th -7 th	20%
3.	Final exam: Practical and theory	16 th	50%
4.	Total		100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Donita D, Amico (2016): Health & Physical Examination in Nursing; 3rd Edition, Pearson.
Supportive References	- Carolyn Jarvis (2016): Physical Examination and Health Assessment, 7th Edition. - Bickley, L. & Szilagyi, P. Bates': (2017) Guide to Physical Examination and History Taking (12 th ed.). Philadelphia
Electronic Materials	Blackboard materials
Other Learning Materials	- E- books electronic - Online US Library

2. Required Facilities and Equipment





Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	- Classrooms - simulation rooms - laboratories - Clinical setting (Hospital)
Technology equipment (projector, smart board, software)	- Data show projector - Blackboard - smart board - Laptop computer - Computer based simulator
Other equipment (depending on the nature of the specialty)	

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students Course coordinator Program Leaders	Direct /indirect
Effectiveness of Students assessment	Students Course coordinator Program Leaders Examination revision committee	Direct /indirect
Quality of learning resources	Course coordinator Peer reviewer Examination revision committee	Direct /indirect
The extent to which CLOs have been achieved	Program Leader Course coordinator	Direct /indirect

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	
REFERENCE NO.	
DATE	

